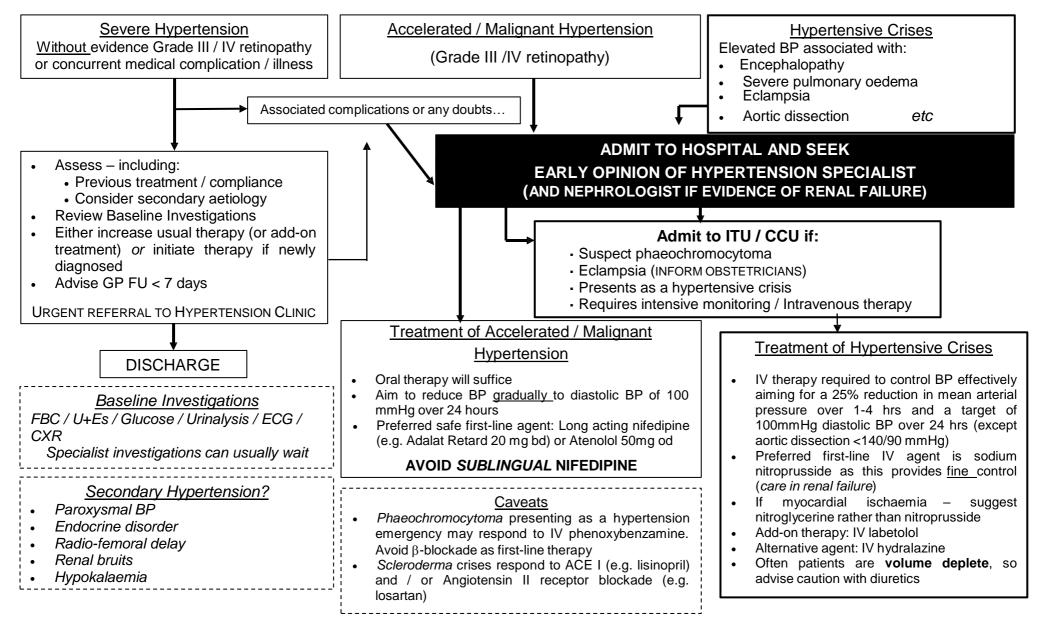
Hypertensive Emergencies UHL Guideline

University Hospitals of Leicester NHS Trust NHS

Trust Ref C42/2003

Elevated BP >220/120 mmHg or recent sudden rise



Hypertensive Emergencies UHL Guideline Contact: Dr Peter Topham Renal Consultant Trust Reference: C42/2003 Approved by RRCV CMG Director

Nursing Interventions

• Baseline Observations:

Blood pressure
Pulse
Respirations
Oxygen saturations
Urinalysis

- If accelerated / malignant hypertension: measure blood pressure hourly until diastolic BP < 100 mmHg on two consecutive readings – then 4 hourly.
- If hypertensive crisis: measure blood pressure every 15 minutes until diastolic BP < 100 mmHg on two consecutive readings – then hourly
- Cardiac monitor if hypertensive crisis.
- Procedure for 24° urine collection if prescribed
- Reassurance